



**RANKS**

**AND**

**REQUIREMENTS**

**REVISED 15 MARCH, 2010**

**NAME** \_\_\_\_\_

**DATE RECEIVED** \_\_\_\_\_

**ADVANCEMENT:**

**TRAVELER** \_\_\_\_\_

**WOODSMAN** \_\_\_\_\_

**ADVENTURER** \_\_\_\_\_

**SURVIVALIST I** \_\_\_\_\_

**SURVIVALIST II** \_\_\_\_\_

## ~ REQUIREMENTS ~

### **Traveler**

The rank of Traveler is the beginning rank for a Survival Kid. It means that they have agreed to live a different life than most of the kids around them. It is a life built on strength, courage, knowledge and tradition that will set them on the path towards physical fitness, emotional stability and spiritual intimacy. The following are the requirements for the rank of Traveler.

1. Learn and live the Survival Kids Code of Conduct
2. Learn and live the Survival Kids Bible Verse
3. Beginning First Aid
4. Beginning Fire Building
5. Beginning Compass Skills
6. Beginning Knot Tying and Lashing Skills
7. Attended at least five consecutive Survival Kids meetings
8. Earned and received a complete Survival Kids Kit

### **Woodsman**

The rank of Woodsman means that you have mastered the skills of a Traveler, but have also built on those skills learned and developed new skills that will make you confident in most camping, hiking, and exploring events. Your confidence will have increased and your life will have begun to show the fruit of a life lived by the Survival Kids Code of Conduct. The following are the requirements for the rank of Woodsman.

1. Demonstrate ALL of the skills of a Traveler
2. Maintain a complete Survival Kit and add components as required
3. Basic First Aid
4. Basic Fire Building
5. Basic Compass and Map Reading
6. Basic Knot and Lashing Skills
7. Basic Camp Craft
8. Basic Food Gathering and Preparation
9. Basic Shelter Building
10. Basic Signaling

11. Basic Backpacking and Hiking
12. Basic Woods Safety
13. Maintain healthy family relationships
14. Maintain "C" or better in ALL school classes
15. Spiritual Growth

### **Adventurer**

The rank of Adventurer, when achieved, means that you have mastered the skills learned as a Traveler and Woodsman and have acquired additional skills that set you apart from most kids your age. Your knowledge, courage, and abilities give you the confidence you need to succeed in almost any situation. You are beginning to learn that there is nothing that you will not be able to accomplish when your faith and skills are challenged. You have established yourself as a leader among your peers and have demonstrated that a life built on discipline, honor, personal responsibility and faith in God is a life to be envied. Not many will be able to advance to this level. The following are the requirements for the rank of Adventurer.

1. Demonstrate ALL of the skills of a Traveler and Woodsman
2. Maintain a complete Survival Kit and add components as required
3. Advanced First Aid
4. Advanced Fire Building
5. Advanced Compass and Map Reading
6. Advanced Knot and Lashing Skills
7. Advanced Camp Craft
8. Advanced Food Gathering and Preparation
9. Advanced Shelter Building
10. Advanced Signaling
11. Advanced Backpacking and Hiking
12. Advanced Woods Safety
13. Leadership Training
14. Communication Skills
15. Use and Application of Wilderness Tools and Equipment

## **Survivalist I**

The rank of Survivalist I means that you have developed and mastered the skills of the Traveler, Woodsman and Adventurer and are developing additional skills that will establish you as a leader among men. You are a leader, ready for anything life can throw at you. You fear nothing because your faith in God and confidence in your own abilities has made you fearless. Your life is a model of discipline, faith, service to others and to God. You are not a follower. You set a path and encourage others to follow. Very few will achieve this level of excellence. The following are the requirements for the rank of Survivalist I.

1. Demonstrate ALL of the skills of a Traveler, Woodsman and Adventurer.
2. Maintain a complete Survival Kit and add components as required
3. Advanced Survival Skills and Tactics
4. Advanced Leadership Training
5. Life Planning Skills
6. Community Service
7. Spiritual Growth

## **Survivalist II**

The rank of Survivalist II represents the highest rank a Survival Kid can attain. It means that your life is an example of devotion to God, Country, Family and Others. You have established yourself as an unshakable leader and have been tested by many challenging situations and have emerged victorious. The rank of Survivalist II is earned by consistent demonstration of Traveler, Woodsman, Adventurer and Survivalist I skills. Achievement of this rank is unlikely simply because of the time, commitment and effort required, but the rewards for achievement are extensive.

## **Survivalist III**

This rank is reserved for those who have achieved success in life after their time in Survival Kids. It is the highest honor we, as an organization can give. It may be given to honor officials, dignitaries or former Survival Kids based on achievements above and beyond the call of duty or as a reward for service to your fellow man of exceptional or outstanding quality.

# The Survival Kid Code

## A Survival Kid Is:

### **TRUSTWORTHY**

A Survival Kid always tells the truth and keeps promises made. We can be counted on to be there, to stay there and to help there.

### **FAITHFUL**

A Survival Kid is loyal to family, friends, leaders and country. We will never knowingly betray any trust placed in us.

### **OBEDIENT**

A Survival Kid is obedient first to God, second to parents and third to those in authority. We will not intentionally disobey any order unless it conflicts with the Word of God, parental authority, or the laws of our land.

### **FRIENDLY**

A Survival Kid believes in the Golden Rule. We will always treat all others as we would like to be treated.

### **A GOOD STEWARD**

A Survival Kid takes care of what they have. We are not wasteful or foolish with our resources. We pay our own way and do not borrow. We give to worthy causes and help where there is need.

### **COURAGEOUS**

A Survival Kid shows courage in all situations because we know that if God is on our side we are never outnumbered. We stand boldly for the truth and for what is right even if no one else does.

### **CLEAN**

A Survival Kid is clean in body, thought and purpose. We will maintain the highest standards of living and will not establish relationships with those who do not share these standards and beliefs.

### **SPIRITUAL**

A Survival Kid has accepted Jesus Christ as savior and desires to grow spiritually, live victoriously and to know God intimately.

# The Survival Kid Verse

## ROMANS 12:1-2

### NEW LIVING TESTAMENT

<sup>1</sup> And so, dear brothers and sisters, I plead with you to give your bodies to God because of all He has done for you. Let them be a living and holy sacrifice – the kind He will find acceptable. This is truly the way to worship Him. <sup>2</sup> Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

#### The Survival Kids Logo



#### What does it mean?

##### **SURVIVAL KIDS**

As a Survival Kid you will learn the skills necessary to survive in any situation, physically, emotionally and spiritually.

##### **DOING IT DIFFERENT**

As a Survival Kid you will learn a different way of doing things. Ways that are honest and true not full of hype and lies as the world would have you do things.

##### **MAKING A DIFFERENCE**

As a Survival Kid you will not just exist in this life. You will learn to have purpose and you will learn where that purpose comes from. You will not just pass through life, you will leave a trail others can follow.

# **Survival Kit Contents**

**Must be maintained**

**Bible – New Living Translation**

**Devotional – One Year**

**Promise Book**

**Bible Fun Facts**

**SAS Survival Guide**

**Map Compass**

**Emergency Whistle**

**Writing Pad**

**Pen, Pencil, Highlighter**

**Code and Verse Card**

**Official Backpack**

**(Other components as your rank requires)**

**If any parts of your kit are missing, replacements can be purchased from the quartermaster.**

## TRAVELER REQUIREMENTS

1. Learn and be able to quote from memory the Survival Kids Code of Conduct. This must be done in order. You must also be able to explain in your own words what each parts of the code means.
2. Learn and be able to quote from memory the Survival Kids Bible Verse.
3. Beginning First Aid
  - a. Explain how you would obtain emergency medical assistance from your home, on a wilderness camping trip, and during an activity on open water.
  - b. Prepare a basic first aid kit for your Survival kit. Display and discuss its contents with your counselor.
  - c. Demonstrate the treatment for:
    1. Minor cuts and scrapes
    2. 1<sup>st</sup> and 2<sup>nd</sup> degree burns
    3. Broken, or sprained limb
    4. Open, bleeding wound
    5. Poisonous plant or insect sting
4. Beginning Fire Building
  - A. Describe the Fire Pyramid
  - B. Describe the mechanics of building a fire
    1. Describe in detail the order in which a fire should be built
    2. Be able to describe in detail the following:
      - a. Tinder and where to obtain it
      - b. Kindling and where to obtain it
      - c. Fuel and where to obtain in
  - C. Demonstrate the skill by building a fire
  - D. Light your fire using only 2 (two) matches
  - E. Fire must burn until fuel is securely lit and self maintaining.

5. Beginning Compass Skills
  - A. Explain the parts of a compass
  - B. Describe the proper care and use of a compass
  - C. Be able to follow a compass heading
  - D. Successfully navigate a compass course with at least three markers.
  
6. Beginning Knot Tying and Lashing
  - A. Demonstrate the following knots
    1. Square Knot
    2. Bowline Knot
    3. Double Half Hitch Knot
  - B. Demonstrate the following lashing techniques
    1. Binding Lash
    2. End Lash
  
7. Attend at least 5 (five) consecutive Survival Kids meetings
  
8. Earn and maintain your Survival Kids Survival Kit
  - A. Keep you survival kit complete with all components.
  - B. Bring your Survival Kit to ALL Survival Kids meetings and functions.
  - C. Be able to describe the reason for each item in your Survival Kit.

## WOODSMAN REQUIREMENTS

1. Be able to demonstrate ALL of the skills of the rank of TRAVELER.
2. Maintain a complete Survival Kit and add components as required.
3. Basic First Aid
  - A. Be able to demonstrate ALL beginning first aid skills.
  - B. Do the following:
    1. Explain how you would obtain emergency medical assistance from your home, on a wilderness camping trip, and during an activity on open water.
    2. Explain the term *triage*.
    3. Explain the standard precautions as applied to blood borne pathogens.
    4. Prepare a first aid kit for your home. Display and discuss its contents with your counselor.
  - C. Do the following:
    1. Explain what action you should take for someone who shows signals of shock, for someone who shows signals of a heart attack, and for someone who shows signals of stroke.
    2. Understand and be able to perform the basics of CPR
    3. Show the steps that need to be taken for someone suffering from a severe cut on the leg and on the wrist. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.
    4. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.
    5. Explain the symptoms of heatstroke and what action needs to be taken for first aid and for prevention.
4. Basic Fire Building
  - A. Be able to demonstrate ALL the requirements for beginning fire building.
  - B. Build one of the following fires: Dakota Fire Hole, Platform Fire or Warming Fire and be able to describe in detail its purpose.

5. Basic Compass and Map Reading

- A. Explain what orienteering is.
- B. Do the following:
  - 1. Explain how a compass works. Describe the features of a map compass.
  - 2. In the field, show how to take a compass bearing and follow it.
- C. Do the following:
  - 1. Explain how a topographic map shows terrain features. Point out and name five terrain features on a map and in the field.
  - 2. Point out and name 10 symbols on a topographic map.
  - 3. Explain the meaning of declination. Tell why you must consider declination when using map and compass together.
  - 4. Show a topographic map with magnetic north-south lines.
  - 5. Show how to measure distances using a map compass.
  - 6. Show how to orient a map using a compass.
- D. Set up a 100-meter pace course. Determine your walking and running pace for 100 meters. Tell why it is important to pace-count.

6. Basic Knot and Lashing Skills

- A. Demonstrate ALL the skills for beginning knots and lashing.
- B. Join two lengths of rope together using the appropriate knots.
- C. Be able to tie and explain the use of 7 (seven) different knots of your choice.
- D. Build a useful camp structure using only native materials and lashing twine.

7. Basic Camp Craft

- A. Learn the Outdoor Code and explain what they mean. Write a personal plan for implementing these principles on your next outing.
- B. Make a written plan for an overnight trek and show how to get to your camping spot using a topographical map and compass OR a topographical map and a GPS receiver.
- C. Do the following:
  - 1. Make a duty roster showing how you would organize for an actual overnight campout. List assignments for each member.
  - 2. Prepare a list of clothing you would need for overnight campouts in both warm and cold weather. Explain the term "layering."

3. Discuss footwear for different kinds of weather and how the right footwear is important for protecting your feet.
  4. Explain the proper care and storage of camping equipment (clothing, footwear, bedding).
  5. List the outdoor essentials necessary for any campout, and explain why each item is needed.
- D. Do the following:
1. Describe the features of four types of tents, when and where they could be used, and how to care for tents. Working with another Survival Kid, pitch a tent.
  2. Discuss the importance of camp sanitation and tell why water treatment is essential. Then demonstrate two ways to treat water for drinking.
  3. Describe the factors to be considered in deciding where to pitch your tent.
  4. Discuss the types of sleeping bags and what kind would be suitable for different conditions. Explain the proper care of your sleeping bag and how to keep it dry. Make a comfortable ground bed.

### **\*THE OUTDOOR CODE\***

**As an American, I will do my best to -**

- **Be clean in my outdoor manners.**  
I will treat the outdoors as a heritage. I will take care of it for myself and others. I will keep my trash and garbage out of lakes, streams, fields, woods, and roadways.
- **Be careful with fire.**  
I will prevent wildfire. I will build my fires only where they are appropriate. When I have finished using a fire, I will make sure it is cold out. I will leave a clean fire ring, or remove all evidence of my fire.
- **Be considerate in the outdoors.**  
I will treat public and private property with respect. I will use low-impact methods of hiking and camping.
- **Be conservation minded**  
I will learn how to practice good conservation of soil, waters, forests, minerals, grasslands, wildlife, and energy. I will urge others to do the same.

8. Basic Food Gathering and Preparation
  - A. Make a list of wild edible plants in our area (Florida or southeastern US). Show pictures of each.
  - B. Make a list of poisonous plants in our area. Show pictures of each.
  - C. Tell how you would safely harvest wild plants to eat.
  - D. Demonstrate how to build a trap or snare for capturing wild game.
  - E. Find, identify, harvest, prepare and eat 1 (one) wild edible plant.
  - F. Describe a method to cook wild plants and small game.
  
9. Basic Shelter Building
  - A. Describe the need for shelter in a survival situation.
  - B. Describe in detail three different types of emergency shelters.
  - C. Build an emergency shelter out of the materials of your choice.
  
10. Basic Signaling
  - A. Do the following:
    1. Show five different ways to attract attention when lost.
    2. Demonstrate how to use a signal mirror.
    3. Describe from memory five ground-to-air signals and tell what they mean.
  
11. Basic Backpacking and Hiking
  - A. Describe the differences between an internal and external frame pack.
  - B. Prepare for a 5 mile hike by describing the equipment, food, water and clothing that might be required.
  - C. Make a list of backpacking essentials.
  - D. Prepare a day hike of at least 3 miles. Your pack cannot weigh less than 20 pounds. Take your hike with a group.
  
12. Basic Woods Safety
  - A. Describe some of the dangers you might face on any trip to the woods.
  - B. List some of the basic safety items you would take with you anytime you go into the woods.
  - C. Describe areas of danger that you would avoid and why.
  - D. Describe how you would escape from quicksand or quickmud.
  - E. Why is it important to leave a hike plan or camp plan?

13. Maintain Healthy Family Relationships
  - A. Demonstrate obedience and respect to parents.
  - B. Have regular chores that you do that help out with the upkeep of your home.
  - C. Set a time once a week where you and your parents discuss the happenings of the week. Be ready to take responsibility for your part in making this time special.
  - D. Once a week, do something special for each of your family members that is a help to them or something that is unexpected.
  - E. Ask your parents if there is one thing that you could do that would be a help to the family and then do your very best to do that thing.
  
14. Maintain "C" or Better in ALL School Classes
  - A. Maintain a "C" or better average in ALL of your school classes.
  - B. Compliance with this will be determined at each grading period.
  - C. Non-compliance will result in loss of function privileges such as no campouts, hikes, adventures, etc. until the grade is brought back up as evidenced by online grade or progress reports.
  
15. Spiritual Growth

*It is hoped that you will take advantage of every opportunity that we offer such as our Bible study nights and church services. If you have a church that you regularly attend you need to be faithful in your attendance. The requirements for spiritual growth are as follows.*

  - A. You must attend a church service at least twice a month. This can be with your family, with a friend, and by yourself. Proof of your attendance should be in the form of a church bulletin. If your church does not use bulletins, a note from your parents will be fine.
  - B. You must read your Bible daily. A systematic Bible reading is best, but simply reading your Bible every day is important. Try memorizing Scriptures. This makes it more fun and really helps with your understanding.
  - C. Use your devotional daily. Each day is full of joys, and trouble. Your devotional will give you Scriptures, thoughts and helps that will guide you through each day.
  - D. Pray often. Ask God for forgiveness, help, provision, blessings and strength. This is your chance to talk directly to your Heavenly Father.

## ADVENTURER REQUIREMENTS

1. Be able to demonstrate ALL skills of a TRAVELER and WOODSMAN
2. Maintain a complete Survival Kit and add components as necessary.
3. Advanced First Aid
  - A. Demonstrate proficient in ALL beginning and basic first aid skills.
  - B. Do the following:
    1. Describe the signals of a broken bone. Show first aid procedures for handling fractures (broken bones), including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials.
    2. Describe the symptoms and possible complications and demonstrate proper procedures for treating suspected injuries to the head, neck, and back. Explain what measures should be taken to reduce the possibility of further complicating these injuries.
  - C. Describe the symptoms, proper first aid procedures, and possible prevention measures for the following conditions:
    1. Hypothermia
    2. Convulsions / seizures
    3. Frostbite
    4. Dehydration
    5. Bruises, strains, sprains
    6. Burns
    7. Abdominal pain
    8. Broken, chipped, or loosened tooth
    9. Knocked out tooth
    10. Muscle cramps
  - D. Do TWO of the following:
    1. If a sick or injured person must be moved, tell how you would determine the best method. Demonstrate this method.
    2. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.
  - E. Teach another Survival Kid a first-aid skill selected by your leader.

4. Advanced Fire Building
  - A. Demonstrate proficiency in beginning and basic fire building skills.
  - B. Build each of the following types of fires:
    1. Dakota fire hole
    2. Platform fire
    3. Warming fire
  - C. Use a different method to light each of the above fires.
  
5. Advanced Compass and Map Reading
  - A. Demonstrate proficiency in ALL beginning and basic Compass and Map reading skills.
  - B. Demonstrate how to find the width of a river using only a compass.
  - C. Build an improvised compass.
  - D. Design a compass course using at least 10 points of reference and at least one mile in length.
  - E. Describe how to use a watch as a compass.
  - F. Draw a map from your house to our center using compass headings and measure distance in 1/10 miles. Map must be to scale and include major features such as intersections, traffic lights, etc.
  
6. Advanced Knot and Lashing Skills
  - A. Demonstrate a proficiency in beginning and basic knots and lashing skills.
  - B. Build a knot display board showing ALL of the beginning knots and the seven knots you used in basic knots. Knots should be well tied, mounted securely and labeled accurately. The mounting board should be sanded, varnished and framed.
  - C. Build a cooking tripod
  
7. Advanced Camp Craft
  - A. Demonstrate proficiency in ALL beginning and basic camp craft skills.
  - B. Prepare for an overnight campout with your group by doing the following:
    1. Make a checklist of personal and group gear that will be needed.

2. Pack your own gear and your share of the group equipment and food for proper carrying. Show that your pack is right for quickly getting what is needed first, and that it has been assembled properly for comfort, weight, balance, size, and neatness.
  - C. Do the following:
    1. Explain the safety procedures for:
      - a. Using a propane or butane/propane stove
      - b. Using a liquid fuel stove
      - c. Proper storage of extra fuel
    2. Discuss the advantages and disadvantages of different types of lightweight cooking stoves.
    3. Prepare a camp menu. Give recipes and make a food list for your group. Plan two breakfasts, three lunches, and two suppers. Discuss how to protect your food against bad weather, animals, and contamination.
    4. Cook at least one breakfast, one lunch, and one dinner for your group from the meals you have planned.
  - D. Show experience in camping by doing the following:
    1. Camp a total of at least 10 days and 10 nights. Sleep each night under the sky or in a tent you have pitched.
    2. Direct the setup of a campsite.
    3. Direct the breakdown of a campsite.
8. Advanced Food Gathering and Preparation
- A. Demonstrate proficiency in basic food gathering and preparation.
  - B. List by month the different wild foods that are available in the southeastern United States and where you are likely to find them.
  - C. Prepare a report on wild edible plants complete with pictures, descriptions and availability.
  - D. Build a fish trap.
  - E. Describe in detail how to capture, clean and eat snake.
9. Advanced shelter building
- A. Demonstrate proficiency in basic shelter building.
  - B. Build a lean-to shelter out of native materials. You may use lashing twine or 550 paracord in the construction.
  - C. Spend the night in your shelter.

10. Advanced Signaling.
  - A. Demonstrate proficiency in basic signaling skills.
  - B. Describe how to build an effective signal fire for both day and nighttime.
  
11. Advanced Backpacking and Hiking
  - A. Demonstrate proficiency in basic backpacking and hiking.
  - B. Do the following:
    1. List 10 items that are essential to be carried on any backpacking trek and explain why each item is necessary.
    2. Describe 10 ways you can limit the weight and bulk to be carried in your pack without jeopardizing your health or safety.
  - C. Do the following:
    1. Demonstrate two ways to treat water and tell why water treatment is essential.
    2. Explain to your leader the importance of staying well hydrated during a trek.
  - D. Tell how to prepare properly for and deal with inclement weather.
  
12. Advanced Woods Safety
  - A. Demonstrate proficiency in basic woods safety.
  - B. Describe the best safety procedures for the following conditions:
    1. Thunderstorm
    2. Flooding Rain
    3. Hail Storm
    4. Tornado
    5. Forest Fire
  
13. Leadership Training
  - A. Participate in weekly leadership training classes with group leader.
  - B. Prepare a 5 (five) minute speech about yourself. Include details about your life including successes, failures, goals and ambitions. Be prepared to give the speech at a group meeting.
  - C. Offer at least 5 different ideas on ways to improve Survival Kids and submit them in writing to the leader.

14. Communication Skills

- A. Prepare a 5 (five) minute speech on any subject you are passionate about. Deliver your speech at a group meeting.
- B. Prepare a teaching session on one of the skills you have learned. Your lesson should include basic information, demonstration, and group participation. Teach the lesson at a group meeting.
- C. Prepare a 5 (five) minute speech about Survival Kids. Your speech should include personal experiences, likes, dislikes, and what you hope to get out of your experiences with Survival Kids. Deliver your speech at a general meeting of The Carpenter's Shop Center. (Larger Audience)
- D. Write a 3 page report on "Effective Communication" and submit it to your leader.

15. Use and Application of Wilderness Tools and Equipment

- A. Demonstrate the proper use and safety requirements of the following:
  - 1. Folding pocket knife
  - 2. Fixed blade survival or hunting knife
  - 3. Hatchet
  - 4. Single axe
  - 5. Woodsman saw
  - 6. Cable saw
- B. Do the following:
  - 1. Prepare firewood using an assortment of wilderness tools.
  - 2. Demonstrate the proper way to fell a tree.
  - 3. Discuss the importance of "Leave No Trace"